

Curriculum Vitae



Personal Data

First name: Mahboubeh
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Place of Birth: Shiraz, Iran
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Marital status: Married

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I. Education

Years	Degree	Institution	Location
2015- 2020	Ph.D.	Shahid Beheshti University of Medical Sciences,	Tehran, Iran.
2003- 2006	M.Sc.	Shiraz University of Medical Sciences,	Shiraz, Iran.
1992-1996	B.Sc.	Shiraz University of Medical Sciences,	Shiraz, Iran.

II. Professional experience

Years	Position	Institution	Location
2010 – 2013	Midwife	Shiraz University of Medical Sciences, Shiraz, Iran.	Shiraz, Iran.
2006-2020	Midwifery Instructor	Shiraz University of Medical Sciences, Shiraz, Iran.	Shiraz University of Medical Sciences, Shiraz, Iran.
2010 – 2013	Midwife	Non governmental clinic	Shiraz, Iran.
2020-present	Assistant professor	Nursing and midwifery school, Shiraz University of Medical Sciences	Shiraz, Iran.
2021 - present	Dressing code administrator	Nursing and midwifery school, Shiraz University of Medical Sciences	Shiraz, Iran.
2022 – present	Member of midwifery comprehensive exam committee	Nursing and midwifery school, Shiraz University of Medical Sciences	Shiraz, Iran.

III. Teaching experiences

Years	Course	University	Students
2006-2020	Delivery room	Shiraz University of Medical Sciences, Shiraz, Iran.	BSc students in Midwifery
2007-2013	Family planning	Azad University of Shiraz, Shiraz, Iran.	BSc students
2021-	Gynecology	Shiraz University of Medical Sciences, Shiraz, Iran.	BSc students in Midwifery
2021-....	Maternal and child health nursing	Shiraz University of Medical Sciences, Shiraz, Iran.	BSc students in Nursing
2021-....	Maternal and neonatal health disorders	Shiraz University of Medical Sciences, Shiraz, Iran.	BSc students in Nursing
2021-....	OB	Shiraz University of Medical Sciences, Shiraz, Iran.	BSc students in Midwifery
2021-....	Models and theories in Midwifery	Shiraz University of Medical Sciences, Shiraz, Iran.	MSc students in Midwifery
2021-	Physiopathology of disease	Shiraz University of Medical Sciences, Shiraz, Iran.	MSc students in Midwifery
2021-	Physical Examination	Shiraz University of Medical Sciences, Shiraz, Iran.	BSc students in Midwifery

IV. Honors and Awards

1. 2006 Outstanding Student in university. Shiraz University of Medical Sciences, Shiraz, Iran.
2. 2023 pregnancy and childbirth book (4 volume) - The selected book (the 40th book's award of the Year of the Islamic Republic of Iran in the department of medical sciences)

V. Membership

1. 2003- 2006 Student Research Committee. Shiraz University of Medical Sciences, Shiraz, Iran.
2. 2003- 2006 talented student office. Shiraz University of Medical Sciences, Shiraz, Iran.
3. Medical Council of the Islamic Republic of Iran (Since 2006)

VI. Publications:

A. Dissertations

1. Ph.D. in Reproductive health. Pregnant women's decision-making model about choosing a prenatal care provider: designing, psychometric tool and providing appropriate strategies. 2020.
2. MSc in Midwifery. The survey of the relationship of vitamin C supplementation with premature rupture of membranes and preterm labor in pregnant women. 2006.

B. Articles

1. Ozgoli, G., **Hajifoghaha, M.**, Alizadeh, S., Nejati, B. The relationship between sexual function and quality of life of pregnant women in different trimesters of pregnancy. The Iranian Journal of Obstetrics, Gynecology and Infertility, 2023.
2. Yazdanpanahi Z, Mirmolaei ST, Taghizadeh Z, Jaafarpour M, **Hajifoghaha M.** Paternal postnatal depression: prevalence and the associated demographic and maternal reproductive factors among Iranian fathers. J Reprod Infant Psychol. 2023.
3. Javaheri A, Eftekhari Shah Abad F, **Jafari SZ, Hajifoghaha M.** mirror syndrome in association with some disorders: case report. Scientific Journal of Nursing, Midwifery and Paramedical Faculty, 2023.
4. **Mahboubeh Hajifoghaha**, Saeed Hosseini Teshnizi, Sedighe Forouhari and Mohammad Hossein Dabbaghmanesh. Association of thyroid function test abnormalities with preeclampsia: a systematic review and meta-analysis. BMC Endocrine Disorders. 2022.
5. Zahra Yazdanpanahi¹, Maryam Vizheh, Marzieh Azizi, **Mahboubeh Hajifoghaha.** Paternal Postnatal Depression during COVID-19 Pandemic: The Role of Health Care Providers Journal of Primary Care & Community Health. 2022.

6. Nahidi F, **Hajifoghaha M**, Simbar M, Nasiri M. Assessment of Prenatal Care Providers' Competencies from the Perspective of Pregnant Women: An Iranian Study. *Journal of Patient Experience*. 2022.
7. **Hajifoghaha M**, Nahidi F, Simbar M, Nasiri M. Development and psychometric properties of pregnant women's decision-making questionnaire. *Medical Journal of the Islamic Republic of Iran*. 2022.
8. **Hajifoghaha M**, Alizadeh S, Mokhlesi SS, Dabiri F. Prevalence and consequences related to sexual violence in perimenopausal women and beyond: A systematic review. *The Iranian Journal of Obstetrics, Gynecology and Infertility*. 2021;24(7):19-28.
9. Ebadi A, Dabiri F, Mokhlesi S, **Hajifoghaha M**. Translation and Psychometric Properties of the Farsi Version of the Childbirth Perception Scale. *Journal of Midwifery and Reproductive Health*. 2020;8(2):2155-61.
10. Nahidi F, **Hajifoghaha M**. Maternal Mortality Ratio in Eastern Mediterranean Region: A Priority of Reproductive Health. *International Journal of Women's Health and Reproduction Sciences*. 2020 ;8(1): 1–9.
11. **Hajifoghaha M**, Nahidi F, Simbar M, Nasiri M. The viewpoint of Iranian gynecologists and midwives on the expectations of pregnant women: A content analysis study. *Iran J Nurs Midwifery Res*. 2020;25(5):419-25.
12. **Hajifoghaha M**, Nahidi F, Simbar M. Relationship between type of prenatal care provider and neonatal outcomes in Shiraz, Iran. *Pakistan Journal of Medical & Health Sciences*. 2019;13(1): 217-22.
13. **Hajifoghaha M**, Nahidi F, Alizadeh S, Golezar S, Dabiri F, Mokhlesi S-S, et al. Midwives' Educational Needs in Iran: A Narrative Review. *Iran J Nurs Midwifery Res*. 2019;25(1):1-6.
14. **Hajifoghaha M**, Nahidi F, Alizadeh S, Golezar S, Dabiri F, Mokhlesi SS. Professional Needs of Prenatal Care Providers: A Narrative Review. *Journal of Nursing Education*. 2019;8(2):28-36 (Persian).

15. **Hajifoghaha M**, Yazdanpanahi Z, Babaei AH. Assessment of Adequacy of Prenatal Care Utilization Index and its Affecting Factors. *Pakistan Journal of Medical & Health Sciences*. 2018;12(2):924-9.
16. Simbar M, Golezar S, Alizadeh S, **Hajifoghaha M**. Suicide Risk Factors in Adolescents Worldwide: A Narrative Review. *Journal of Rafsanjan University of Medical Sciences*. 2018;16(12):1153-68 (Persian).
17. **Hajifoghaha M**, Ebadi A, Kariman N. Persian translation of the Pregnancy Experience Scale (PES)–Brief Version: Confirmatory Factor Analysis. *Pakistan Journal of Medical & Health Sciences*. 2016;12(1):503-8.
18. Keshavarz Z, Golezar S, **Hajifoghaha M**, Alizadeh S. The effect of phytoestrogens on menopause symptoms: a systematic review. *J Isfahan Med Sch*. 2018;36(477):446-59 (Persian).
19. Ebadi A, Karamian N, **Hajifoghaha M**. Psychometric Properties and Validation of the Persian Translation of the Pregnancy Experience Scale – Brief Version (PES). *J Rafsanjan Univ Med Sci* 2017; 15(9): 809-20 (Persian).
20. Alizadeh Sh, Mirmiran P, **Hajifoghaha M**. Role of Nutrition in Female and Male Fertility. *J Babol Univ Med Sci*. 2017;19(4):7-15 (Persian).
21. Simbar M, Alizadeh S, **Hajifoghaha M**, Golezar S. Review of Iranian Adolescents' Educational Needs for Sexual and Reproductive Health. *J Isfahan Med Sch* 2017; 34(412): 1563-72 (Persian).
22. Simbar, M., Alizadeh, S., **Hajifoghaha, M.**, Dabiri, F. Comparison of Social, Economic and Familial Empowerment in Married Women in Three Cities of Iran. *International journal of community-based nursing and midwifery*. 2017 Jul;5(3):248.
23. **Hajifoghaha M**, Ghaffari-Novin M, Alizadeh S. Effect of Gold on Male Reproductive Physiology: A Literature Review. *Journal of Mazandaran University of Medical Sciences*. 2017 Apr 15;27(147):433-45 (Persian).

24. **Hajifoghaha M**, Mirmiran P, Alizadeh S. Modification of Food Consumption, Reduction of Breast Cancer: A Review Study. J Isfahan Med Sch 2016; 34(386): 683-91(Persian).
25. **Hajifoghaha, M.**, Simbar, M., Golozar, S., Alizadeh, S. Female genital mutilation: Religious coercion or cultural requirement? Iranian Journal of Obstetrics, Gynecology and Infertility. 2016; 19(25):8-16 (Persian).
26. Yazdanpanahi Z, Shahamatmanesh M, Babaei A, **Hajifoghaha M**. Ethics and Sentences in Midwifery. Iranian journal of public health. 2015;44(4):598-9.
27. Yazdanpanahi Z, Foruhari S, Babaei A, **Hajifoghaha M**. Relationship between Maternal Body Mass Index and Gestational Weight Gain with Outcomes of Pregnancy. J Isfahan Med Sch. 2014; 32(293):1-10(Persian).
28. Babaei AH, **Hajifoghaha M**. A randomized comparison of vitamin B6 and dimenhydrinate in the treatment of nausea and vomiting in early pregnancy. Iranian journal of nursing and midwifery research. 2014 Mar;19(2):199.
29. Yazdanpanahi Z, Haghpanah S, Babaei AH and **Hajifoghaha M**. Postpartum hemorrhage and weight gain during pregnancy. Interlink Continental Journal Medicine & Medical Sciences. 2014. 1(3): 030-035.
30. Yazdanpanahi Z, Nematollahi A, **Hajifoghaha M**. Haghpanah S. Continuous evaluation of midwives as to professional standards. Journal of Advances in Medical Education & Professionalism. 2013 Sep 1;1(3):100-3.
31. **Hajifoghaha, M.**, Keshavarz, T., Parsanezhad, M.E., Rajaeefard, A.R. The effect of vitamin C on premature rupture of membranes and preterm labor in Shiraz, Southern Iran. IRCMJ. 2009;11(2):226-7.
32. **Hajifoghaha, M.**, Keshavarz, T., Parsanejad, ME., Rajaeefard AR. Vitamin C Supplementation and PROM. Iranian Journal of Obstetrics, Gynecology and Infertility. 2008; 11(2): 33 -39(Persian).

33. **Hajifoghaha M**, Keshavarz T. Comparison of Awareness Degree of Islamic Punishment Rules Related to Medical Staff in Incumbent Midwives in Shiraz Hospitals and Clinics. Iranian Scientific Journal of Forensic Medicine. 2008;14(1):18-21(Persian).
34. Yazdanpanahi, Z., Pooyrizadanparast, L., Haghpanah S., **Hajifoghaha, M**. Practice of midwives working at midwifery offices toward performance of professional standards and effectiveness of continuous evaluation and education of them in Shiraz. Journal of Medical Council of Islamic Republic of Iran. 2007; 27(1): 31 -35(Persian).
35. **Hajifoghaha, M.**, Keshavarz, T., Akbarzadeh, M. The knowledge of midwives working at the public and private sections toward some professional rules and regulations in Shiraz. 2007; 2(3): 23-32 (Persian).

C. Books

1. **Hajifoghaha, M.**, Keshavarz, T., Parsanezhad, M.E. Vitamin C and prevention of premature rupture of fetal membranes (Book Chapter). 2011. Vitamin C: Nutrition, Side Effects and Supplements. Nova Science publishers, New York.
2. **Hajifoghaha M** and Simber M. Pregnancy and Childbirth. Chapter 50 (Perineal and birth canal lacerations). Community Publishing of Tehran, Iran. 2021.
3. **Hajifoghaha M** and Mirghafourvand M. Family Health. Chapter 16 (Epidemiology). Community Publishing of Tehran, Iran. In press.

VII. Presentations in Congress

1. Contraception and the percentage of usage of them in Fars province. Congress of Family Planning. 2005. Shiraz, Iran. (Lecture)

2. The prevalence of domestic violence among pregnant women. Women's Health Seminar. 2005, Kurdistan, Iran. (poster)
3. Gestational trophoblastic tumour after medical abortion. 5th International Iranian Congress of Haematology, Oncology & nursing. 2005, Shiraz, Iran. (poster)
4. The relationship obesity and premature puberty. Obesity and related diseases, 7th Congress of nursing & Midwifery faculty. 2006, Shiraz, Iran. (poster)
5. The relationship vitamin C with premature rupture of membranes and preterm labour. The 1st International Student Congress on Medical Research in Iran. 2007, Shiraz, Iran. (poster)
6. Midwives and Islamic Punishment Rules Related to Medical Staff in Shiraz. The 1st International Congress of Iranian Forensic Medicine. 2009, Tehran, Iran. (poster)
7. Evaluation of girls 'awareness and parents' attitude toward puberty changes in high school of Shiraz. Adolescents health, 8th Congress of nursing & Midwifery faculty. 2009, Shiraz, Iran. (poster)
8. A survey on the knowledge of midwives working at the public and private sections to ward some professional laws and rules in Shiraz. 16th Congress of fertility and infertility. 2010. Shiraz, Iran. (poster)
9. The survey of the relationship vitamin C supplementation with premature rupture of membranes and preterm labour in pregnant women. 16th Congress of fertility and infertility. 2010, Shiraz, Iran. (poster)
10. Metabolic syndrome: Birth weight and childhood obesity. The 4th Congress of the European Academy of Paediatric Societies. 2012. Istanbul, Turkey. (poster)
11. Pregnancy in Islam. International conference of Prophetic behaviour in medicine. 2014, Shiraz, Iran. (poster)
12. The Need of observing Professional Ethics in Midwifery. The 3rd Seminar of Professional Ethics in Nursing. 2015, Tehran, Iran. (poster)

13. Legal protection of Iran from female genital mutilation. 12th International Congress of Iranian obstetrics and Gynaecology. 2015, Tehran, Iran. (poster)
14. Islam supports from reproductive period. The 5th International Conference on Women's Health. 2016, Shiraz, Iran. (poster)
15. Gold effect on male fertility. The 1st Congress on male infertility. 2016, Tehran, Iran. (poster)
16. The empowerment of employed women in Shiraz University of Medical Sciences. The 6th International Conference on Women's Health. 2017, Shiraz, Iran. (poster)
17. The role of nutrition in the treatment of male infertility. 2nd Men's Health Congress - Men's Infertility. 2018. Tehran, Iran. (poster)
18. Evaluation of happiness and anxiety status of pregnant women with Persian pregnancy experience scale. Midwifery Challenges Conference. 2018. Tehran, Iran. (poster)
19. Role of nutrition in female and male fertility. Midwifery Challenges Conference. 2018. Tehran, Iran. (poster)
20. Dyadic Sexual Communication Scale: Psychometrics properties and Translation of The Persian Version. Midwifery Challenges Conference. 2018. Tehran, Iran. (poster)
21. Factors Affecting on Adequacy of Prenatal Care Utilization Index. The First International Congress of Perinatology. 2019, Shiraz, Iran. (poster)
22. Prevalence of childbirth less than 37 weeks in Shiraz. The First International Congress of Perinatology. 2019, Shiraz, Iran. (poster)
23. Pregnant women's expectations of pregnancy care providers. 3rd debatable topics in obstetrics gynaecology and infertility. 2020. Tehran, Iran. (poster)
24. Global prevalence of primary ovarian failure and premature menopause: a meta-analysis. 3rd International Congress on Women and Family Health. Tehran, Iran. (poster)

25. Using the Islamic approach as a strategy for having a new child in Iran. 5Th International conference of Prophetic behaviour in medicine. 2021, Shiraz, Iran. (poster)
26. Survey of satisfaction after gender reassignment surgery. The 11th International Conference on Women's Health. 2022, Shiraz, Iran. (poster)
27. Postpartum depression of parents and Covid-19. The 11th International Conference on Women's Health. 2022, Shiraz, Iran. (poster)
28. Islam's point of view towards childbearing. National Conference of Midwifery Science Approaches. 2023, Shiraz, Iran. (poster)
29. Overview of controlled fertility. National Conference of Midwifery Science Approaches. 2023, Shiraz, Iran. (poster)

IX. Research interests

- Gynecology
- Female reproductive health
- Adolescent Health
- Prenatal care and childbirth
- Empowerment of women
- Qualitative research
- Clinical trials
- Psychometric of instruments

X. Language Skills

- Maternal language: Persian
- Reading, writing, speaking: English